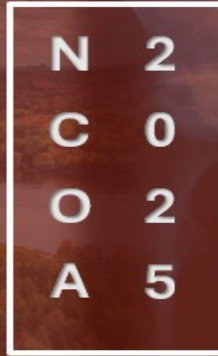


National Capital Orthopaedic Association



ANNUAL GENERAL MEETING

Fairmont Le Château Montebello
Montebello, Quebec
November 28 – 30, 2025

PROGRAM

Friday November 28, 2025	
6:00 p.m. – 10:30 p.m. <i>Educational portion from 7:30pm-10:30pm</i>	Family Hospitality Suite (Cocktails and Light Dinner) <i>Location: Montebello Room – Main Building, Lower Level</i> Fireside Chats: Bring your trauma cases and ask the experts! <i>Location: Montebello Room – Main Building, Lower Level</i> Moderators: Dr. Geoff Wilkin – The Ottawa Hospital - Identify complex orthopaedic cases that could arise in practice of general orthopaedics - Discuss differential diagnoses and prognoses - Describe various approaches and their potential outcomes
Saturday November 29, 2025	
8:00 a.m. – 12:30 p.m.	MORNING SESSION – <i>Location: Outaouais Room – Lower level</i> <i>All below sessions are in the form of presentations, followed by group discussion and Q/A.</i>
8:00 a.m. – 8:05 a.m.	Welcome: Dr. Brad Meulenkamp & Dr. Matt Coyle - Conference Co- Chairs
8:05 a.m. – 8:35 a.m.	Dr. Mohit Bhandari – McMaster University, Hamilton, ON A Crisis of Creativity: How Do We Thrive in The Age of A.I.? - Describe the impact of AI on creativity - Discuss the origins of innovative ideas - Develop daily habits to maximize creative potential
8:35 a.m – 9:05 a.m.	Regional Updates – Improving our patient care through partnership 1. Queensway Carleton hospital – Dr. Sanj Sharma 2. Hawkesbury General Hospital – Dr. Simon Garceau - Discuss further improvements to our Orthopaedic care - Identify the successes of our regional partners

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9:05 a.m. – 9:35 a.m.	<i>Central Intake are they working what's the Future – What do the numbers say -</i> Dr.Eugene K. Wai – CRON Lead update - Review the Champlain central intake process - Compare and contrast efficiencies in our assessment of patients - Discuss what improvements can be made to each Champlain intake module
9:35 a.m. – 9:55 a.m.	Dr. Ganesh Swamy –FootHills, Calgary, Alberta The development of a patient decision aide for adult spinal deformity surgery - Describe the complexity of adult spinal deformity surgery, including risks, benefits, and alternatives. - Emphasize why shared decision-making is critical for improving patient understanding and satisfaction. - Review evidence of gaps in current patient education and decision-making processes.
9:55 a.m. – 10:15 a.m.	HEALTH BREAK– Location: Outaouais Foyer
10:15 a.m. – 11:00 a.m.	Mohit Bhandari – McMaster University, Hamilton, ON Re-Envisioning Journal of Bone and Joint Surgery (JBJS): The Road Ahead - Describe the strategic transformation of JBJS - Analyze the rationale behind the redesign - Discuss the future directions of JBJS
11:00 a.m. – 12:15 p.m.	Opportunity in a Shifting Market: Navigating Tariffs, Rates, and Returns – Ian Taylor, CFA, CAIA – Vice President and Portfolio Manager Scotia Multi-Asset Management Corporate Estate freezes, section 85 rollovers, and the Smith Maneuver. – Natalie Schuler, CPA, CA, Partner and Business Advisor MNPHip Preservation Panel – Case Rounds Presentation on MD products and services, and financial planning, - Mike Tata, CIM, CFP, Senior Financial Consultant MD Management Ltd Portfolio Manager MD Private Counsel - Identify the complexities of practice management with changing economic landscape - Describe tax implications and options for optimal practice management - Describe business tactics for various points in the career lifecycle of a surgeon
12:30pm- 6:00pm <i>Educational portion from 1:00pm-5:00pm</i>	AFTERNOON FLOATING BREAKOUT SESSIONS <i>Location: various locations outdoors TBD</i> Moderators: Dr. Brad Meulenkamp; Dr. Matt Coyle Group Discussions - Describe difficult and challenging cases with colleagues - List ways to be more collaborative among institutions - Identify ways in which the National Capital Orthopaedic Association can collaborate in a way that benefits patients and practice advancement.
6:30pm- 10:00pm 6:00pm <i>Childcare sign-in (Montebello Room)</i> 6:30pm <i>Cocktails (Outaouais Room)</i>	Team Building Dinner Outaouais Room (lower level) Moderator: Dr. Brad Meulenkamp and External Facilitator Facilitated Group Discussions Teams will be formed at each table with the task of promoting discussion around key topics as well as finding solutions to common problems. -Describe the various intricacies and approaches that are present in the various hospitals and practices in our region. -Compare and contrast common practice challenges and difficult cases, and how they are remedied.

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	<i>-Identify potential solutions to common problems faced by all attendees, regardless of their location of practice in the Ottawa region.</i>
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Sunday, November 30, 2025	
8:30 a.m. – 11:30 a.m.	MORNING SESSION – Location: Outaouais Room (lower level) <i>All below sessions are in the form of presentations, followed by group discussion and Q/A, unless otherwise noted.</i>
8:25 a.m. – 8:30 a.m.	Welcome: Dr. Brad Meulenkamp & Dr. Matt Coyle - Conference Co-Chairs
8:30 a.m. – 9:00 a.m.	Dr. Ganesh Swamy - Foothills, Calgary, Alberta -Degenerative scoliosis - insights into disease process and treatment - Review the factors that lead to lower extremity pain - Describe the role of decompression alone
9:00 a.m. – 10:00 a.m.	Sacro-iliac (SI) Pain vs posterior Hip pain Symposium – Drs. Swamy, Wilkin and Garceau - Describe the Hip and lumbar spine pain overlaps - Describe the role of SI fusion in treating posterior hip and back pain - Describe Hip mechanics and its ability to drive post operative pain
10:00 a.m. – 10:20 a.m.	Health Break - Location: Outaouais Foyer
10:20 a.m. – 10:50 a.m.	OHIP Billing discussions – Dr. K. Lalonde, OOA vice chair president with Leading OHIP disruptor Dr. B Gammon - Outline the new updates to the Ontario fee schedule - Describe how to conduct Virtual billing properly - Identify Safe billing practices and avoiding audit
10:50 a.m. – 11:20 a.m.	Maximizing surgical efficiency while excelling at teaching - Dr. Kevin Smit – Children’s Hospital of Eastern Ontario - Describe the various factors involved in running an efficient OR - Providing a constructive clinical learning environment
11:20 a.m. – 11:30 a.m.	NCOA Business Meeting Presentation - Discuss how to best study and promote current orthopaedic literature among the national capital region - Describe business development of the national capital orthopaedic association

OBJECTIVES
At the conclusion of the 2025 NCOA Annual General Meeting, participants will have a better understanding of: 1. Describe the role of the Canadian Orthopaedic Association in your practice of orthopaedic surgery. 2. Outline novel innovative strategies across orthopaedic surgery. 3. Define current common fracture trends with a comprehensive literature update. 4. Identify novel and safe strategies for managing ankle fractures. 5. Compare how current management of complex hip cases differ. 6. Describe variable strategies for managing complex arthroplasty cases, complex fracture cases and metastatic bone disease cases. 7. Identify current practice management considerations from a financial planning perspective. 8. Discover new opportunities to be collaborative with your colleagues at other institutions across the region.

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